



Global News: Find Your Bearings

A practical first guide to world events, the economy, and your everyday choices

Understand the headlines. Make more informed choices for your wallet and your life.

SHAD EDDIE MONGRUE

Free preview edition · pages 1–2
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01

Why Global News Hits Home

World news can feel far away until it touches prices, work, or choices at home. This shelf helps you connect the headlines to everyday life and make sense of what matters.

- ◆ Global growth is projected at 3.1% in 2026 and 3.4% in 2027, a changing outlook worth following.¹
- ◆ Inflation is expected to reach 4.7% in 2026, with energy and food prices cited as major influences.¹
- ◆ In 2025, 58% of the surveyed sample remained concerned about telling true news from false news online.²
- ◆ Use economic figures as context for your choices, not as a reason to panic or act suddenly.

A forecast gives you context, not a personal budget. When prices make news, ask which costs are changing and where the change could reach your household. When a headline makes a sweeping claim, check who published it and what evidence supports it. This book offers general education, not personal financial advice. Next, you'll practice checking one headline.

INSIDE THIS BOOK

You'll try a quick news-checking exercise, learn basic economic terms, and follow a starter plan. You'll also see how clear thinking can build useful skills for everyday life.

02

Check One Headline

Practice reading a headline with care today, using a story you already saw. Keep your goal simple: find the main claim, who published it, and what remains uncertain.

- ◆ Choose a recent global economy story about prices, jobs, trade, or household decisions.
- ◆ Write the main claim in your own words, then note who published it and when.
- ◆ Find the report, data, or statement the article relies on before accepting its summary.
- ◆ Note one checkable detail, one open question, and one choice you need not make today.

This routine turns reading into an active skill. Separate what a report says from an article's interpretation, then consider whether the issue connects to your life. You do not need to settle every debate or predict what happens next. If evidence is incomplete, mark the open question instead of guessing. Next, you'll learn economic terms that make headlines easier to read.

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You've read the free pages. Here's what the rest of this book covers:

3 Read the Numbers Clearly

4 Build a Seven-Day Habit

5 Turn Clarity Into Skills

6 Keep Exploring the World

BY THE END OF THIS SHELF, YOU WILL

- ◆ A practical method for checking news claims and their backing.
- ◆ A clearer grasp of economic forecasts, inflation, growth, and supply chains.
- ◆ Better questions for connecting global events to everyday choices.
- ◆ Useful skills for comparing reports and explaining evidence.
- ◆ A path into books on economic charts, news literacy, trade, tariffs, and prices.

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Sources for the free pages

Every statistic in this book is numbered and links to the page it came from. Each one was checked word for word against its source in October 2026. Figures can change as sources update. This book is for education and is not personal financial, legal, medical or professional advice.

- 1 **IMF**, IMF / World Economic Outlook Annual Meetings, 2026 (13 Oct 2026). <https://mediacenter.imf.org/news/imf—world-economic-outlook-annual-meetings—2026/s/22f94667-d194-473b-87b2-34c692b5a5a3>
- 2 **Reuters Institute for the Study of Journalism**, Overview and key findings of the 2025 Digital News Report (17th June 2025). <https://reutersinstitute.politics.ox.ac.uk/digital-news-report/2025/dnr-executive-summary>