



Energy: Your Next Smart Move

A plain-language starting point for lower bills, home energy choices, and the changing power system

Understand your options. Make your next energy decision with more confidence.

SHAD EDDIE MONGRUE

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01

Why Energy Matters Now

Electricity powers your daily routines, but its price can change. A clearer view of your bill and your choices can help you make decisions that fit your home.

- ◆ The U.S. average electricity price across all sectors was 14.48 cents per kilowatthour in June 2026, up from 13.86 cents¹.
- ◆ The average residential price was 18.34 cents per kilowatthour in June 2026, compared with 17.47 cents in June 2025¹.
- ◆ Hawaii's average price across all sectors was 47.55 cents per kilowatthour in June 2026, compared with 35.10 cents in June 2025¹.
- ◆ Your own bill depends on your local rates and electricity use, not a national or state average.

These numbers put energy costs in the spotlight, but they do not tell you what your household pays. Your bill reflects the rates and services available where you live, along with how much electricity you use. Start with your own bill, then use broader prices to ask sharper questions. You will build that foundation here, from everyday bill details to bigger choices about solar and electric vehicles. Next, take a quick first look at your bill.

INSIDE THIS BOOK

You'll learn to spot key bill details, understand a few essential terms, and follow a simple starter plan. Then you can explore practical household choices and return for deeper guides on this shelf.

02

Start With Your Bill

Your first useful move is close at hand: the latest electricity bill for your home. Give yourself a little time to find what you pay, what you use, and what you want explained.

- ◆ Find your latest electricity bill, whether it arrived on paper or through your utility's website.
- ◆ Locate the amount due, the billing period, and the section showing your electricity use.
- ◆ Check whether the bill lists electricity supply and delivery charges separately.
- ◆ Write down one charge, term, or change you want to understand better.

Treat this as a clear-eyed review, not a test. Mark what makes sense and copy any unfamiliar terms exactly as they appear. Look for your utility's contact details on the bill or its official website, then ask a focused question about the charge or term you noted. A short list helps you stay on track and gives you a solid starting point for comparing future bills. Next, make sense of the terms behind those charges.

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You've read the free pages. Here's what the rest of this book covers:

- 3 Energy Terms Made Clear
- 4 Your Seven-Day Starter Plan
- 5 Learn Before You Spend
- 6 Your Next Energy Moves

BY THE END OF THIS SHELF, YOU WILL

- ◆ Read your electricity bill with more confidence.
- ◆ Compare energy prices and offers more clearly.
- ◆ Build a practical routine for asking better questions.
- ◆ Recognize how local details shape your energy choices.
- ◆ Explore household costs, solar, and electric vehicles.

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Sources for the free pages

Every statistic in this book is numbered and links to the page it came from. Each one was checked word for word against its source in October 2026. Figures can change as sources update. This book is for education and is not personal financial, legal, medical or professional advice.

- 1 **U.S. Energy Information Administration**, Electric Power Monthly (June 2026). https://www.eia.gov/electricity/monthly/epm_table_grapher.php?t=epmt_5_6_a